

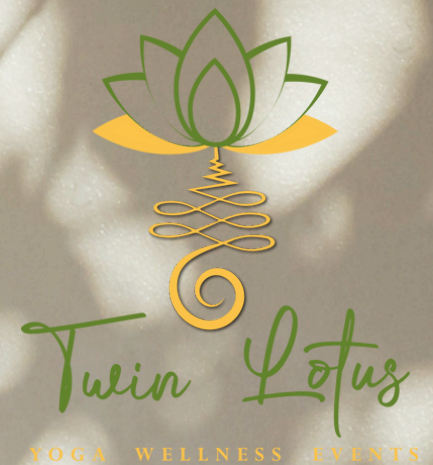
SCHEDULE GROUP CLASSES



@twinlotusstudio

@heike_in_paradise

@humanontheglobe



TUES DAYS

HATHA YOGA FLOW AT 18:30 (ONLINE)

Unwind with this afternoon yoga class in the comfort of your own home. Make some time for yourself! (Monthly EUR 50)

WEEK ENDS

HATHA MORNING FLOW AT 6:30 (ONLINE)

This morning class is currently a smaller group so we offer the choice of Saturday or Sunday to our students & take a weekly vote for more flexibility! This is likely to change in future. (Monthly EUR 50)

COMING SOON

IN PERSON - AMSTERDAM & ROTTERDAM

We will be starting a monthly group class in person at a location near Amsterdam Central, Amsterdam Zuid & Rotterdam. Get in touch to join (Monthly EUR 60)

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Whatsapp us to
save your spot!

